



NATIONAL WOMEN'S INVITATIONAL TEAM RACE

JUNE 22-23 2024 MARBLEHEAD
CORINTHIAN YACHT CLUB

SAILING INSTRUCTIONS

The Notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. The Notation '[DP]' means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification, and that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. RULES

- 1.1 Rule D5 is changed to replace all instances of "race committee" with "protest committee."
- 1.2 RRS 32.2 shortening the course, is deleted
- 1.3 Rule D1.1(d) RRS 20 is changed, arm signals are required in addition to hails.
- 1.4 A boat taking a One-Turn or Two-Turn Penalty shall have the spinnaker head below the main-boom gooseneck each time she passes head to wind in the process of taking her penalty. This changes Rule D1.3(a).
- 1.5 [NP] [DP] Competitors shall comply with Marblehead Sailing Guidelines that supersede current state guidelines with respect to sailing. As updated on www.marblehead.org/harbormaster
- 1.6 Competitors will note that this event is possible due to generous boat donations from the Boston, Corinthian, Eastern and Pleon Yacht Clubs. Therefore, any contact between boats will be reviewed by the umpires, OA and or protest committee and may well result in further scoring penalties and or disqualification.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any changes in the sailing instructions will be provided electronically if possible or announced orally before the first race in which they are to take effect. A notice board will be set out outside the burgee bar of the club. Changes to the sailing instructions will be posted to the board as soon as practical by the OA.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 On the water the race committee intends to US VHF channel 69 to communicate with competitors.

4. CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2 Everyone who participates in the Thayer Trophy has the right to a positive and enjoyable experience of sport in a safe environment. They Corinthian Yacht Club acknowledges its duty of care to safeguard and promote the welfare of all individuals involved within the Thayer Trophy.

Harassment or unsportsmanlike behavior at any Thayer Trophy - conducted events of any kind is not tolerated. We first encourage participants to address misconduct as it is seen. Anyone may also report anonymously violations they experience or witness at safesail.org – where reports will be forwarded to Race Organizers automatically.

Reported violations of this policy may result in the Corinthian Yacht Club taking appropriate action that can include but not limited to verbal warnings to offenders or referral to International Jury for breaking Rule 69.1(a), World Sailing, National Governing Body, and local law enforcement authorities.

As a regatta participant, you are expected to:

- Behave in a respectful and friendly manner to all people attending the regatta.
- Treat all regatta attendees fairly, regardless of gender, ethnicity, race, disability, gender identity, sexual orientation, age, faith or expression.
- Refrain from any offensive speech or inappropriate actions which are derogatory, insulting, harassing, or otherwise deemed abusive.
- Address any witnessed behavior either directly to offending parties or indirectly via safesail.org

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the yardarm of the main flagpole in front of the Corinthian Yacht Club (CYC) facing the harbor.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'no warning signal will be made less than 30 minutes after AP is lowered ashore' in Race Signals AP.

6. RACING AREA

Racing will take place outside of Marblehead Harbor.

7. COURSES

- 7.1 The course shall be a Port Box as shown in diagram Addendum A.
- 7.2 On the leg from M2 to M3, the race committee signal vessel and the port end starting/finishing marks are marks of the course. The signal vessel shall be left to starboard or the starting/finishing mark shall be left to port, and those are the required sides, respectively, once a boat enters the zone and rule 18 applies for that mark.

8. MARKS

All turning marks will be orange balls. The start / finish mark will be a green tetrahedron.

9. THE START

- 9.1 Races will be started in accordance with Appendix U. This changes RRS 26.
- 9.2 The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark, which will be a green tetrahedron.
- 9.3 Teams competing in a race will be identified by their team color's flag being displayed on the signal vessel prior to the attention hail described in rule U2.
- 9.4 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.5 A boat that does not start within three minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2

10. CHANGE OF THE NEXT LEG OF THE COURSE

If a course needs to be changed, marks may be moved to maintain course configuration provided no boats are sailing on the leg of the course bounded by the mark(s) to be moved. No signal will be required. This changes RRS 33.

11. THE FINISH

The finish line is between a staff displaying an orange flag on the port side of the race committee vessel and the course side of the port end finishing mark. This changes race signals.

12. PENALTY SYSTEM

12.1 Rule D2 Umpired Races shall apply.

12.2 Competitors may assist the umpires when their team is not racing, at the discretion of the chief umpire and shall not be considered to have a conflict of interest while serving in this role.

12.3 Protest committees shall be comprised of umpires appointed by the chief umpire.

13. TIME LIMIT AND ABANDONMENT

13.1 The time limit will be 30 minutes for all boats on one team to sail the course and finish. The other Team's boats racing at that time shall be scored the points they would have received had they finished.

13.2 The decision to abandon a race will be made by the race committee and may be communicated orally by the race committee and umpires. This changes rule 32 and Race Signals.

14. FORMAT & SCORING

14.1 The event will be organized into a series of stages:

Stage 1: Double Round Robin - All six teams sail each other twice. A win yields the team one point.

Stage 2: Seeded Double Elimination "Knockout Series" - Teams will be seeded based on the results in Stage 1. When a team has two losses in the "Knockout Series", the team is eliminated from the "Knockout Series". Eliminated teams may sail final matches to determine their overall finish.

Stage 3: Finals - When two teams remain in the "Knockout Series", the "Knockout Series" ends and those two teams will compete in a Final Round where the overall regatta winner will be the first team to three wins.

14.2 The RC may change the format or terminate any stage, when it is impractical to attempt the remaining races under the existing conditions or within the remaining time scheduled. Later stages may be prioritized over earlier stages.

14.3 Stages 1, 2, and 3 will be scored in accordance with D4.3 including D4.3(c).

14.5 A schedule of races and boat assignments is detailed in Appendix C.

15. SAFETY REGULATIONS

15.1 A boat that retires from a race shall notify the race committee or an umpire as soon as practicable.

15.2 Emergency conditions should be reported directly to the race committee on VHF channel 69.

15.3 The CYC dock master monitors VHF channel 9.

15.4 The RC may restrict the use of spinnakers by displaying code flag K prior to the warning signal of the race in which the restriction shall apply.

16. REPLACEMENT OF CREW OR EQUIPMENT

Substitution of competitors is not allowed without written approval of the Organizing Authority.

17. EQUIPMENT AND MEASUREMENT CHECKS

- 17.1 Sonar type boats will be supplied. Competitors may not adjust the standing rigging except for the backstay control line.
- 17.2 Each team will be provided with name placards by the OA. The placards shall be inserted into the sails by competitors for the duration of each race sailed unless otherwise instructed by race officials. Placards shall be returned to the umpire or mark boats after the conclusion of racing on Sunday.
- 17.3 The use of shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.
- 17.4 Competitors shall report all damage or loss of equipment, however slight to the race committee or bosun immediately after finishing. Failure to do so may result in disqualification from the last race sailed.
- 17.5 Substitution of damaged or lost equipment will not be allowed unless approved by the Bosun, umpires or regatta chair. Requests for equipment substitution shall be made at the first reasonable opportunity.

18. SUPPLIED BOATS

Requirements and restrictions for use of supplied boats are described in Appendix B, Handling of the Boats.

19. OFFICIAL VESSELS

Official vessels will be identified as follows: signal vessel by a blue race committee flag, support vessels by a yellow flag, and umpire vessels by a white flag with the letter U.

20. TRASH

[DP] The switch vessels will be equipped to receive trash from competitors. No trash may be left in the sailboats either when switching boats or at the end of the day's racing.

21. RISK ASSESSMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to racing is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

22. EVENT CONTACTS

Regatta Chair: Miranda Bakos – mirandabakos@gmail.com

Principal Race Officer: Will Bailey – willwbailey@gmail.com

Chief Umpire: Vicky Sadaro – vickisodaro@gmail.com

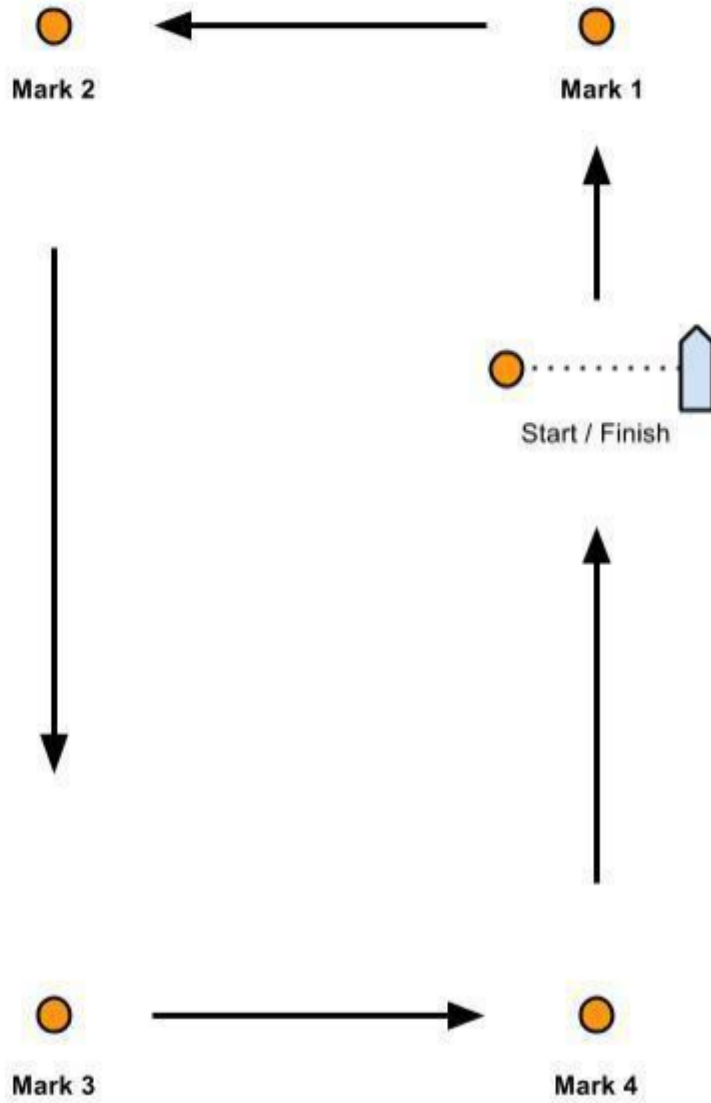
CYC Sailing Chairs:

David Larson – dfhlarson@gmail.com,

Langdon Mitchell – langdonmitchell@gmail.com

APPENDIX A
COURSE DIAGRAM

Port Box Course



**APPENDIX B
HANDLING OF THE BOATS**

1. GENERAL

- 1.1. While all reasonable steps are taken to equalize, variations in the boats will not be grounds for redress. This changes RRS 62.

2. PROHIBITED ITEMS and ACTIONS

Except in an emergency or in order to prevent damage or injury, or when directed by an umpire otherwise, the following are prohibited:

Actions subject to umpire-initiated penalties during a race:

- 2.1. Moving the mast blocks.
- 2.2. Adjusting or altering the tension of standing rigging, excluding the backstay.
- 2.3. The use of electronic instruments or smartphone/tablet apps, other than watches.
- 2.4. Using the spinnaker pole to wing out the foresail.
- 2.5. The use of the shrouds (including any inner shrouds) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.
- 2.6. Sitting outboard (including legs) of the toe rail is prohibited, but the upper body may lean outboard. Using lazy sheets and control lines for the purpose of hiking normally while seated is permitted.
- 2.7. Radio transmission, except to report damage or in response to a request from the RC.

Actions subject to protest by the protest committee or Race Committee:

- 2.8. Any additions, omissions or alterations to the equipment supplied.
- 2.9. The replacement of any equipment without the sanction of the RC.
- 2.10. Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 2.11. Moving equipment from its normal stowage position except when being used.
- 2.12. Boarding a boat without prior permission.
- 2.13. Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while "AP" is displayed ashore.
- 2.14. Hauling out a boat or cleaning surfaces below the waterline.
- 2.15. Attaching lines to the fabric of spinnakers.
- 2.16. Marking directly on the hull or deck with permanent ink.
- 2.17. Perforating sails, even to attach tell-tales.
- 2.18. The use of any equipment for a purpose other than that intended or specifically permitted.

3. PERMITTED ITEMS and ACTIONS

The following are permitted:

- 3.1. Taking on board the following equipment:
 - 3.1.1. basic hand tools
 - 3.1.2. adhesive tape or Velcro tape but not duct tape
 - 3.1.3. line (elastic or otherwise of 4 mm diameter or less)
 - 3.1.4. marking pens
 - 3.1.5. tell-tale material
 - 3.1.6. watch, timers and hand-held compass
 - 3.1.7. shackles, plastic clips, cotter pins/ring dings and clevis pins
 - 3.1.8. spare flags
 - 3.1.9. VHF radio
- 3.2. Using the items in 3.1 to:
 - 3.2.1. prevent fouling of lines, sails and sheets, or securing a spinnaker halyard
 - 3.2.2. attach tell tales
 - 3.2.3. prevent sails being damaged or falling overboard
 - 3.2.4. mark control settings (adhesive tape only)

- 3.2.5. make minor repairs and permitted adjustments
- 3.2.6. make signals as per RRS Appendix D2
- 3.2.8. Changing the number of mainsheet or jib sheet purchases.

4. MANDATORY ITEMS and ACTIONS

The following are mandatory:

At the end of each sailing day:

- 4.1. rolling, bagging and placement of the sails as directed
- 4.2. leaving the boat in the same state of cleanliness as when first boarded that day
- 4.3. releasing backstay tension
- 4.4. At the end of the final day for a particular boat, cleaning the boat (cabin and decks), removing all trash & recycling and removing all tape and marks.
- 4.5. Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 4.6. Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.
- 4.7. A breach of items 4.1 and 4.2 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

APPENDIX C
SCHEDULE OF RACES AND BOAT ASSIGNMENTS